

SWAT MEDICAL COLLEGE

Marghazar Road, Saidu Sharif Swat

Policy on Sports and Co-Curricular Activities



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Swat Medical College welcome, care for and support all within the college community through the promotion of

- Respect
- Being just & responsible
- Quality teaching and learning
- An inclusive community
- Life-long learning

Policy Statement

Within our holistic approach to education, we see the provision of a wide range of Sports and Co-Curricular Activities as being vital to allowing our students access as broad a range of experiences as possible. These activities form an essential part of the college's objective of enhancing the full development of the student. They supplement and complement in-college learning and provide opportunities for students to broaden their horizons in ways that would not be possible within the confines of the structured curriculum alone.

Policy Goals

- To plan and implement a broad and diverse programmes of Sports and Co-curricular Activities.
- To encourage as many students as possible to take part in these activities.
- To facilitate students, staff and outside agencies in the delivery of and participation in co-curricular activities.
- To provide the college community with a clear understanding of the role of sports and co-curricular activities in the college.

Sports committee

A committee is convened each year to oversee the facilitation of Sports and Co-Curricular activities in the college. The committee is notified through an office order.

The duties of the Sports Committee include

- Coordinating Sports and Co-Curricular activities.
- Convening meeting of teachers involved in sports and co-curricular activities to plan for Year's activities
- To liaise with teachers/department heads to help promote sports and co-curricular activities.
- To liaise with staff in organizing and checking equipment for sports and co-curricular activities.
- Encouraging students to take part in these activities.
- Enabling new activities to start
- Reviewing the provision of sports and co-curricular activities.
- To promote these activities within the college.

Health and Safety

The following are in place to ensure compliance with health and safety requirements:

- Availability of First Aid equipment
- Identification of staff members qualified in First Aid, and the availability of training in First Aid
- Safe environment for the sports and co-curricular activities.

- Appropriate training for staff in relevant activity.
- Adequate levels of Supervision (see below)
- Compliance with Student Safety Guidelines
- Appropriate Transport
- Suitable dress be worn for sports and co-curricular activities.
- Equipment of a safe standard

It is the responsibility of the teacher/ supervisor to maintain the equipment. Sports gear should be washed and collected as soon as it is used.

There is a responsibility on parents and pupils to inform the organizers of an extra-curricular activity of any relevant medical concerns. Students will be requested to fill out a permission slip for the activity.

The final decision on participation is at the discretion of the Sports Committee.

Management:

College management is to be informed of all planned co-curricular activities in advance.

Time:

There is a responsibility on students to ensure that they catch up on missed time and homework must be completed for classes that were missed due to sports and co-curricular activities. The number of activities that students undertake will be monitored to ensure that individual students are not missing too much time. Teachers will leave work for classes while away on sports and co-curricular activities.

Supervision

Adequate levels of supervision are in place for each co-curricular activity. Levels of supervision will vary according to the activity being undertaken, its duration and the ages of the students taking part.

Transport

Transport must be suitable and well-maintained and must be compliant with relevant safety regulations.

Behaviour and Discipline

The college Code of Conduct applies to all co-curricular activities. The college has the right to withdraw a student or group of students from an activity for any breach of the college's code of conduct.

Trips / Overnight Stays

All trips or overnight stays must be sanctioned by the Sports Committee. When events require that a group of students spend one or more nights away from home, there are added issues that the college must address. These include, among other things:

- Ensuring that the accommodation is clean, safe, and appropriate for the students.
- Ensuring students are adequately prepared for the trip
- Having an evacuation plan in the event of a fire and ensuring that the students are familiar with this.
- Establishing and policing a curfew for students.
- An information meeting for parents of students traveling may be held where the need arises.

Child Protection

A college policy on Sports and Co-Curricular Activities must refer to and be based on the college's Health and Safety Policy. All of the earlier issues will, in various ways, be influenced by the aforementioned guidelines. This policy, in particular, should remind participants that as many activities involve locations and people external to the college premises/community there is an additional onus on the college personnel to ensure that good practice prevails at all times. At the same time this issue should be dealt with in a sensitive manner so as to avoid teachers becoming over concerned and declining to organize sports and co-curricular activities.

Review and Evaluation

This policy is subject to a yearly review and evaluation. The review team will include representatives of the Sports Committee, the Principal, and the Vice-Principal Administration. This review will gather the views and experiences of all involved in relation to the success of the provision of activities within the College. The policy will be analyzed to examine the impact of the policy on the Sports and Co-Curricular program, and address any policy areas that need amendment or improvement. It will be carried out annually with teachers involved and from time to time with parents and students.