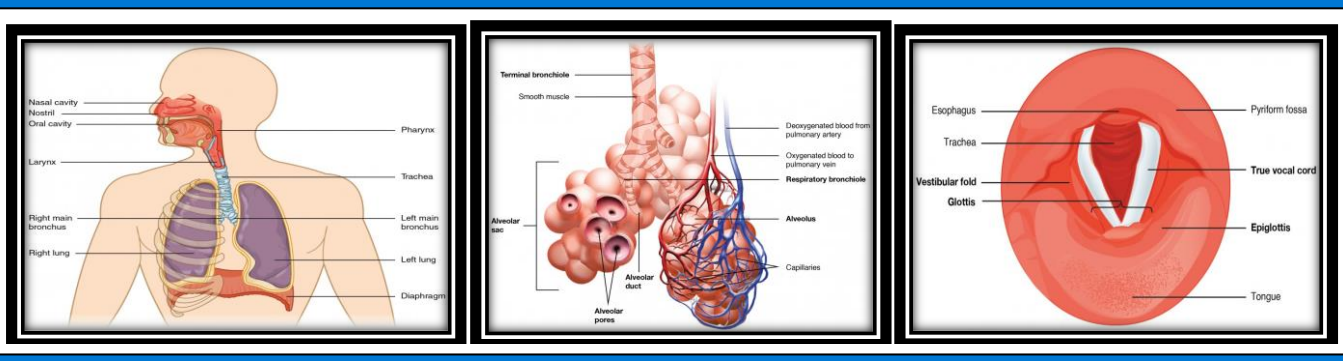
SWAT MEDICAL COLLEGE
SWAT

DEPARTMENT OF MEDICAL EDUCATION

RESPIRATORY -I MODULE



1ST YEAR MBBS

BLOCK: C

CLASS OF 2023-28

DURATION: 4 WEEKS

FROM: 26 AUG TO 20 SEPTEMBER

STUDENT NAME

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Contents

1 Acaedemic Calendar

Tentative Annual Calendar MBBS – 2023-24
Swat Medical College, Swat

Activity/ Events	Week	Date	1st Year	2nd Year	3rd Year	4th Year	5th Year
Orientation Week	1	12th to 16th Feb	Foundation-I (6 weeks) 22nd March, Module Exam	Neurosciences-IA (6 weeks) 22nd March, Module Exam	Foundation II (5 weeks) 22nd March, Module Exam	Neurosciences – II (6 weeks) 25th and 26th March Block J Exam	*Previous 5th Year Preparatory leaves and annual exam*
Regular Classes	2	19th to 23rd Feb					
Regular Classes	3	26th Feb to 1st March					
Regular Classes	4	4th to 8th March					
Regular Classes	5	11th to 15th March					Foundation-III (2 weeks) 22nd March Module Exam
Regular Classes	6	18th to 22nd March			Infection & Inflammation (6 weeks) 6th May to 7th May Block G exam		
Regular Classes	7	25th to 29th March	Blood & Immunology (5 weeks) 6th & 7th May Block A exam	Neurosciences-IB (5 weeks) 13th & 14th May Block D		GIT and Hepatobiliary – II (9 weeks) 10th and 11th June Block K Exam	Blood & Immunology-III (2 weeks) 5th April Module Exam
Regular Classes	8	1st to 5th April					
Spring Break/Eid ul Fitr	9	8th to 12th April					MSK-III (2 weeks) 06th & 07th May Block N exam
Sports Week	10	15th to 19th April					
Regular Classes	11	22nd to 26th April					
Regular Classes	12	29th to 3rd May					Cardiorespiratory-III (5 weeks) 3rd & 4th June Block O Exam
Regular Classes	13	6th to 10th May	MSK-I (8 weeks) 1st & 2nd July Block-B Exam	GIT, Hepatobiliary & Metabolism- (8 weeks) 1st & 2nd July	Multisystem (5 weeks) Module Exam 31st May		
Regular Classes	14	13th to 17th May					
Regular Classes	15	20th to 24th May					Renal- III Module (2 weeks) 14th June Module Exam
Regular Classes	16	27th May to 31st May					
Regular Classes	17	3rd to 7th June			Blood & immunology (3 weeks) 1st & 2nd July module exam	Renal – II Module (4 weeks) 1st and 2nd July Module Exam	Endocrine & Reproduction-III (3 weeks) 29th & 30th July Block P Exam
Regular Classes	18	10th to 14th June					
Eid-ul-Adha Holidays	19	17th to 21st June					
Regular Classes	20	24th to 28th June					
Summer Vacations	21-23	3rd to 21st July					
Regular Classes	24	22nd to 26th July	CVS-I (5 weeks) 23rd August Module Exam	Renal (3 weeks) 12th to 13th August Block E	MSK-II (5 weeks) 2nd Sep 3rd Sep Block H exam	Endocrine and Reproduction – II (8 weeks) 16th and 17th September Block-L exam	Neurosciences – III (3 weeks) 16th August Module Exam
Regular Classes	25	29th July to 2nd Aug					
Regular Classes	26	5th to 9th Aug		Endocrine-I (4 weeks) 6th Sep			GIT & Hepatobiliary (2 weeks) 6th Sep Module Exam
Regular Classes	27	12th to 16th Aug					
Regular Classes	28	19th 23rd Aug			CVS-II (3 weeks) 20th September Module exam		
Regular Classes	29	26th to 30th Aug	Respiratory-I (4 weeks) 23rd -24th SEP Block-C Exam	Reproduction-I (4 weeks) 30th Sep 1st Oct			Multisystem-II (4 weeks) 7th -8th Oct Block Q exam
Regular Classes	30	2nd to 6th Sep					
Regular Classes	31	9th to 13th Sep			RES-II (4 weeks) 21st and 22nd October Block L exam	EYE and ENT (6 weeks) 14th to 18th Oct Block M1 & M2 Exam	
Regular Classes	32	16th to 20th Sep					
Regular Classes/ Preparatory Leaves	33	23rd to 27th Sep	PREPARATORY LEAVES	PREPARATORY LEAVES	PREPARATORY LEAVES	PREPARATORY LEAVES	PREPARATORY LEAVES
Regular Classes/ Preparatory Leaves	34	30th Sep to 4th Oct					
Regular Classes/ Preparatory Leaves	35	7th to 11th Oct					
Regular Classes/ Preparatory Leaves	36	14th to 18th Oct					
Regular Classes/ Preparatory Leaves	37	21st to 25th Oct					
Regular Classes/ Preparatory Leaves	38	28th Oct to 1st Nov					
Regular Classes/ Preparatory Leaves	39	4th to 8th Nov					
Regular Classes/ Preparatory Leaves	40	11th to 15th Nov	Annual Exam as per KMU schedule.	Annual Exam as per KMU			
Regular Classes/ Preparatory Leaves	41	18th to 22nd Nov			Annual Exam as per KMU schedule.	------	
Regular Classes/ Preparatory Leaves	42	25th to 29th Nov					
Regular Classes/ Preparatory Leaves	42	2nd to 6th Dec					
Regular Classes/ Preparatory Leaves	43	9th to 13th Dec					
Regular Classes/ Preparatory Leaves	44	16th to 20th Dec					
Regular Classes/ Preparatory Leaves	45	23rd to 27th Dec	Winter vacation	Winter vacation	Winter vacation	Annual Exam as per KMU schedule.	
Regular Classes/ Preparatory Leaves	46-49	November 2024					
Regular Classes/ Preparatory Leaves	50-53	December 2024					
Regular Classes/ Preparatory Leaves	54-57	January 2025					
Start of new academic session 2025-26			February 2025	February 2025	February 2025	February 2025	March 2025

Note: The given dates are tentative and may be subject to change as needed/demanded. The KMU will share the annual exam schedule at the end of the current session.

2 List Of Abbrevation

Anat-SGD	Small Group Discussion in Anatomy	**Med-L**	**Medicine Lecture**
Bio-L	Biochemistry Lecture	**OSPE**	**Objectively Structured Practical Examination**
Bio-P	Biochemistry Practical	**Paeds-L**	**Pediatrics Lecture**
Bio-SGD	Small Group Discussion in Biochemistry	**Patho-L**	**Pathology Lecture**
C.Med-L	Community Medicine Lecture	**Phar-L**	**Pharmacology Lecture**
DSL	Directed Self Learning	**Phy-L**	**Physiology Lecture**
FDT	Film/Demonstration/Tutorial	**Phy-P**	**Physiology Practical**
F.Med-L	Forensic Medicine Lecture	**Phy-SGD**	**Small Group Discussion in Physiology**
G.Anat-L	Gross Anatomy Lecture	**PBL**	**Problem Based Learning**
Histo-P	Histology Practical	**SDL**	**Self-Directed learning**
LGIS	Large Group Interactive Session.	**SAQs**	**Short Answer Questions**
MCQs	Multiple Choice Questions	**SEQs**	**Short Essay Questions**
Med.Edu-L	Medical Education Lecture	**SGDs**	**Small Group Discussions**
PRIME	P**rofessionalism and communication skills,** R**esearch,** I**dentity formation,** M**anagement and leadership,** E**thics**		

3 Module Committee:

s.no	Name	Department	Role
1.	Prof. Dr. Aziz Ahmad	Dean / principal	
2.	Dr. M Junaid Khan	DME	Director
	Module Team		
3.	Prof. Dr. Rashid Ahmad	Professor Physiology	MPC-I Chair man
4.	Dr. Fiza Iqbal	Lecturer Physiology	Block Co-ordinator
5.	Prof. Dr. Muhammad khan	Professor Anatomy	Member
6.	Dr. Amanullah	Assistant Professor Physiology	Member
7.	Dr. Humaira Ali	Associate Professor Anatomy	Member
8.	Dr. Obaid Ur Rahman	Assistant Professor Biochemistry	Member
9.	Dr. Sara Maryum	Assistant Professor Biochemistry	Member
10.	Dr. Ubaidullah	PRIME	Member
11.			
12.			
13.			

4 Recommended List Of Icons

Introduction To Case

For Objectives

Critical Questions

Assessment

Resource Material

5 Mission/ Vision of the College

5.1 Mission Statement of the Institution:

To train medical students as per international standards, thereby producing doctors who exhibit excellence as professionals, academicians, researchers and deptly fulfill healthcare needs through the application of ethical and evidence-based practices..

5.2 Vision Statement of the Institution:

To be a center of excellence in medical education, patient care and research globally.

6 Overview of the Module/ Preface

Welcome to the Respiratory I module V, where the overarching goal is to equip you with profound understanding of medical science and practice. Throughout the Respiratory I module V, emphasis is placed on integrating theoretical knowledge with practical applications, ensuring a comprehensive educational experience. The core themes of modules, including chest wall injury, cough and hemoptysis and breathlessness are meticulously designed to foster a deep understanding of Anatomy, Physiology, Biochemistry and Medicine. Students will gain hands-on experience through *clinical rotation* in diverse settings such as Long Interactive Group Session (LGIS), Small Group discussion (SGDs), Self Directed Learning (SDL), DSL and Skill/Practical providing a well-rounded education.

The study guide serves as a crucial reference for assessment and evaluation. It outlines the components that will be assessed, such as knowledge and basic sciences practical implications, and the corresponding assessment tools, which may include MCQs, SEQ and OSPE .This transparency enables students to align their efforts with the evaluation criteria, promoting a sense of accountability and preparation for success in their academic pursuits. As future medical professionals, graduates can look forward to diverse career pathways, from clinical practice to research, with opportunities in Anatomy, Physiology and Biochemistry.

In essence, the study guide acts as an indispensable tool for students, offering clarity on module contents, instructional methodologies, faculty guidance, and assessment criteria. By actively engaging with the information provided, students can navigate their academic journey with confidence and purpose, maximizing their learning experience in the MBBS program.

7 Introduction/ Organization of Module

7.1 Introduction:

By the end of this module the student of Swat Medical College should be able to build adequate knowledge, attitude and skills to understand basic concepts of respiratory system along with different respiratory disorders.

Respiratory system consists of respiratory passageways (nose, larynx, pharynx, trachea, bronchi) and lungs and all these are related to breathing. The function of respiratory system is gaseous exchange, in bringing oxygen to body tissues and to get rid of carbon dioxide which is a waste product.

7.2 Rationale:

Respiratory module is combined with CVS and Respiration module (Total 9 weeks' duration) as defined by KMU and four weeks given to the Respiration module). Respiratory module is developed in order to assist students when they come in more frequent and prolonged contact with patients in the 3rd year of the MBBS curriculum. By the end of this module the students are expected to know the main concepts of respiratory system in all domains of learning and the skills gained in this module will help them deal with chest related conditions especially in the fields of Internal Medicine,Community medicine,Forensic aspects, Pharmacology of some important medications related to respiratory disorders, and Surgical Wards in tertiary care hospitals

7.3 Organization of the Study guide:

The Respiratory Module is a 4 weeks' theme based module, the contents of which will be thought in Lectures, SGDs, DSLs and Practical.

Respiratory Module consists of the following themes:

Themes	Theme 1	Theme 2	Theme 3
• Respiratory System	• Chest wall injury • 1 week	• Cough and hemoptysis • 1 week	• Breathlessnes • 2 weeks

7.4 Teaching Strategies:

The following teaching/ learning methods are used to promote better understanding:

A. Large Group Formats:

a. **Interactive Lectures:** In large group, the lecturer introduces a topic or common clinical conditions and explains the underlying phenomena through questions, pictures, videos of patients' interviews, exercises, etc. Students are actively involved in the learning process.

b. **Directed Self Learnig:** Directed self-learning is an active learning approach where the learners are provided with predefined learning objectives and some facilitation through the learning process in the form of guidance and supervision. It helps establish a strong foundation for autonomous and deep learning.

c. **Self Directed Learning:** Students' assume responsibilities of their own learning through individual study, sharing and discussing with peers, seeking information from Learning Resource Center, teachers and resource persons within and outside the college. Students can utilize the time within the college scheduled hours of self-study.

B. **Small Group Formats**:

a. **Small Group Disscussions:** This format helps students to clarify concepts acquire skills or attitudes. Sessions are structured with the help of specific exercises such as patient case, interviews or discussion topics. Students exchange opinions and apply knowledge gained from lectures, tutorials and self study. The facilitator role is to ask probing questions, summarize, or rephrase to help clarify concepts.

b. **Practical Demonstration:** Basic science practicals related to anatomy, biochemistry and physiology are scheduled for student learning.

7.1 Assessment strategies

Assessments within the MBBS program at STMC consist of both formative and summative evaluations. These assessments are integral to monitoring student progress and academic performance.

A. Formative Assessment:

Formative assessments, accounting for 10% of the total marks assigned to each block, serve as ongoing evaluations designed to provide feedback and facilitate learning. The allocation of this 10% can be determined in accordance with the blueprint of KMU and further distributed as per the academic council's recommendations at STMC. Formative assessments are conducted after the completion of each module, ensuring that students receive timely feedback to enhance their understanding and performance.

B. Summative Assessment:

Summative assessments, which comprise the majority of the assessment weighting (90% of all marks), are conducted and overseen by KMU, as part of the annual examination process. The

summative annual examination is organized and conducted by KMU, which carries out the evaluation and grading. This summative assessment evaluates students' comprehensive understanding of the curriculum and accounts for a significant portion of their final scores.

C. Assessment Tools:

Various assessment tools are employed to gauge students' knowledge and competencies. These tools include:

- **Written Examinations:** These encompass Multiple Choice Questions (MCQ) and Short Essay Questions (SEQ) that evaluate students' theoretical knowledge.
- **Performance Assessments:** Objective Structured Practical Examinations (OSPE) and Objective Structured Clinical Examinations (OSCE) are used to assess practical skills and clinical competence.
- **In-Training Assessments**: Clinical logbooks provide a comprehensive record of students' practical experiences and serve as a valuable tool for tracking their progress.
- **Assignments:** Presentations, projects, and self-reflection assignments are included in the assessment process to enhance students' critical thinking and research skills

7.2 Feedback mechanism and summary

At the end of each module a **"Module Evaluation Form"** will be provided to the students whether in hard copies or online and the students will give their opinion regarding the "Course Contents", "Learnng Resources", "Teaching Methods", "Engegement & Motivation" and "Assessment Methods".

8 Table Of Specification

Subject	No. of Hours Allocated in Time table						Percent Distribution	Assessment	
	Large Group Format		Small Group Format			Total		MCQs	OSPE
	Lectures	DSLs	Practicals	Skill Lab	SGDs				
Gross Anatomy	08	03	06	04	06	35	33.0%	12	03
Histology	04							04	
Embryology	04							03	
Physiology	11	03	08	--	06	28	27.2%	20	03
Biochemistry	07	02	--	--	06	15	14.6%	08	--
PRIME	07	--	--	--	--	--	6.8%	--	--
Pharmacology	02	--	--	--	--	--	1.9%	--	--
Pathology	04	--	--	--	--	--	3.9%	01	--
Community Medicine	01	--	--	--	--	--	1.0%	01	--
General Medicine	04	--	--	--	--	--	3.9%	--	--
Forensic Medicine	01	--	--	--	--	--	1.0%	01	--
IT Skills	00	--	--	--	--	--	0%	--	--
Islamiyat	02	--	--	--	--	--	1.9%	--	--
SDL	05	--	--	--	--	--	4.9%	--	--
Total	**60**	**08**	**14**	**04**	**18**	**78**	**100%**	**50**	**06**

9 Learning Objectives

9.1 General Learning Outcomes

By the end of this module the students would be able to;

Knowledge

1. Describe the anatomy and abnormalities of thoracic cage
2. Describe the development and gross anatomy of the diaphragm
3. Describe the contents of mediastinum and their relations
4. Describe the anatomy of pleura and its reflections
5. Describe the gross and microscopic structure, development, nerve supply and blood supply of trachea, bronchi and lungs
6. Describe the epithelia and connective tissues lining the respiratory passageways.
7. Describe pulmonary ventilation
8. Discuss the mechanisms of gaseous exchange between alveoli, and blood and blood and tissues
9. Elaborate the transport of gases in the blood
10. Describe the mechanisms of regulation of respiration
11. Define hypoxia, and cyanosis
12. Describe the effect of aging on respiratory system
13. Describe the biochemical structure and functions of enzymes
14. Describe the mechanisms of O2 and CO2 transport in the blood
15. Classify anti-asthmatic and anti-tuberculous drugs
16. Describe the types and signs of asphyxia
17. Enlist the causes and signs of pneumonias, bronchial asthma, tuberculosis, Acute Respiratory Distress Syndrome (ARDS), and pulmonary edema
18. Describe the parameters of Pulmonary Function Tests (PFTs)

Skills

1. Take a focused history of patient with upper respiratory symptoms.
2. Examine the nose and throat of a given subject
3. Examine the lymph nodes of neck on given subject
4. Interpret the ABGs of the patient with chest wall trauma (Respiratory rate and blood pressure).
5. Demonstrate the Grading of pain severity.
6. Examine the respiratory system of patient with chest wall injury with special emphasis on respiratory rate and cyanosis.
7. Draw a normal spirogram, labeling the four lung volumes and four capacities.
8. Examine the chest.
9. Do the spirometry and plot the graph.
10. Demonstrate ABGS and compare the results

11. Demonstrate the use of inhaler to the subject.
12. Calculate the respiratory rate of the subject

Attitude

1. Demonstrate ability to give and receive feedback, respect for self and peers.
2. Develop respect for the individuality and values of others - (including having respect for oneself) patients, colleagues and other health professionals
3. Organize& distribute tasks
4. Exchange opinion & knowledge
5. Develop communication skills and etiquette with sense of responsibility.
6. To equip themselves for teamwork
7. Regularly attend the classes

1 Specific Learning Outcomes

THEME–I: (Chest Wall Injuries)

This theme is one week long mostly emphasizing on the physiological and anatomical aspects of thoracic wall, mediastinum, lungs and diaphragm. It also includes the development of diaphragm & rib, physiological & biochemical aspects of mechanism of respiration and a brief account of developmental and surgical abnormalities related to it.

This theme consists of lectures, Practicals, SGDs, DSLs and SDLs**.**

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
ANATOMY				
1	Gross anatomy of thorax	1. Describe main features of thoracic wall 2. Describe the location and shape of the sternum 3. Describe the parts of the sternum 4. Describe the articulations and muscle attachments 5. Describe the gross features of the thoracic vertebrae a. Vertebral body b. Intervertebral disc c. Laminae d. Pedicles e. Intervertebral foramina f. Processes g. Ligaments 6. Differentiate between typical and atypical ribs. 7. Describe different joints of thorax 8. Discuss Intercostal muscles 9. Discuss the contents of intercostal spaces 10. Describe the origin of intercostal arteries 11. Describe the origin, course and distribution of intercostal nerves 12. Discuss branches and course of internal thoracic artery	01	LGIS
2	Abnormalities of thoracic wall	1. Describe thoracic wall abnormalities and its clinical correlation	01	LGIS
3	Diaphragm	1. Describe the origin, insertion, openings and nerve supply of the diaphragm and its clinical significance.	01	LGIS
4	Mediastinum	1. Describe the contents of the Superior, Anterior & Posterior Mediastinum. 2. Describe the relations of different contents in	01	LGIS

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
		Mediastinum. 3. Identify various anatomical landmarks on chest X-Rays, CT and MRI		
	HISTOLOGY			
	Lungs	1. Histology of Lungs -I	01	LGIS
		1. Histology of Lungs -II	01	LGIS
	EMBRYOLOGY			
5	Development of Diaphragm	1. Describe development of diaphragm 2. Describe diaphragmatic hernias and clinical significance	01	LGIS
6	Development of Ribs	1. Describe the development of ribs from costal elements of primitive vertebrae	01	LGIS
	PHYSIOLOGY			
7	Mechanics of Respiration	1. Describe the mechanics of respiration 2. Describe the pressures that cause the movements of the air in and out of the lungs	01	LGIS
8	Lung compliance	1. Define compliance of the lung and elastic recoil 2. Identify two common clinical conditions in which lung compliance is higher or lower than normal.	01	LGIS
9	Lung volumes and capacities	1. Describe changes in the lung volume, alveolar pressure, pleural pressure, and trans-pulmonary pressure during normal breathing 2. Draw a normal pulmonary pressure-volume (compliance) curve (starting from residual volume to total lung capacity and back to residual volume), labeling the inflation and deflation limbs. 3. Explain the cause and significance of the hysteresis in the curves. 4. Draw the pressure-volume (compliance) curves for the lungs, chest wall, and respiratory system on the same set of axes. 5. Show and explain the significance of the resting positions for each of these three structures.	01	LGIS
	SURGERY			
10	Pneumothorax	1. Describe pneumothorax 1. Define Hydro pneumothorax	01	LGIS
	LAB WORK			
	HISTOLOGY			
11	Histology of respiratory	1. Discuss the histology of respiratory epithelium. 2. Identify the various microscopic tissue types in the	02	Demonstration

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
	epithelium	3. Respiratory system		/ Practical
	PHYSIOLOGY			
12	Spirometry	1. Draw a normal spirogram, labeling the four lung volumes and four capacities. 2. List the volumes that comprise each of the four capacities. 3. Identify which volume and capacities cannot be measured by spirometry.	02	Demonstration / Practical
	DISSECTION			
	ANATOMY			
13	Mediastinum	1. Discuss the contents of superior, anterior & posterior mediastinum. 2. Discuss the relations of different contents in mediastinum	02	SGF Dissection
	SMALL GROUP DISCUSSIONS			
	ANATOMY			
14	Diaphragm	1. Describe the origin, insertion, openings & nerve supply of diaphragm and its clinical significance.	02	SGD
	PHYSIOLOGY			
15	Lung Volumes and Capacities	1. Describe changes in the lung volume, alveolar pressure, pleural pressure, and trans-pulmonary pressure during normal breathing	02	SGD
	BIOCHEMISTRY			
16	Role of enzymes as a diagnostic tool	1. Explain the role of enzymes as a diagnostic tool	02	SGD
	DIRECTED SELF LEARNING			
	ANATOMY			
17	Abnormalities of the thoracic wall	1. Describe thoracic wall abnormalities and its clinical correlation	01	DSL
	PHYSIOLOGY			
18	Mechanics of Respiration	1. Briefly describe the mechanics of respiration. 2. Describe the pressures that cause the movements of the air in and out of the lungs	01	DSL
	BIOCHEMISTRY			

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
19	Transport of Oxygen	1. Explain the transport of oxygen in the blood	01	DSL

THEME-II COUGH AND HEMOPTYSIS

This theme is one week long consisting of developmental, gross and microscopic study of lungs and bronchial tree. Physiological and Pathological features along with preventive measures and treatment will also be the part of the module. This module includes lectures on asthma, pneumonia, pulmonary edema and tuberculosis by the department of pathology and anti-asthmatic and anti-tuberculous drugs by the department of pharmacology. Preventive strategies for smoking will be described and the relationship of smoking with lung diseases will be discussed. Preventive strategies of different problems related to respiratory system will also be discussed here. This module consists of lectures, Practicals, SGDs, DSLs and SDLs.

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
	ANATOMY			
1	Introduction	1. Describe the major components of the (upper and lower) respiratory system and describe their functions	01	LGIS
2	Trachea, bronchi and lungs	1. Describe trachea and bronchi with relations plus subdivisions 2. Describe the neurovascular supply of trachea and bronchi 3. Describe the surfaces anatomy of trachea and bronchi 4. Describe the lungs with their lobes and fissures, relations with surroundings and surfaces and compare between right and left lungs. 5. Describe Broncho-pulmonary segments and their clinical importance 6. Describe innervations, blood supply and lymphatic drainage of the lungs.	01	LGIS
	EMBRYOLOGY			
3	Development of	1. Describe development of trachea, bronchial tree, pleura, lungs	01	LGIS

	Respiratory system	2. Recognize the cephalo-caudal and transverse folding of embryonic disc 3. Describe the extent of intra embryonic coelom after folding and its divisions into three serous cavities 4. State the derivatives of visceral and parietal layers of mesoderm 5. State the pericardio-peritoneal canals and their final fate 6. Discuss the formation of Lung Bud		
HISTOLOGY				
4	Respiratory epithelium and connective tissues	1. Classify the types of epithelia lining the various parts of respiratory system 2. Differentiate between the histological differences among various parts of respiratory system 3. Describe the structure of trachea and its layer 4. Discuss the microscopic picture of respiratory bronchiole, alveolar ducts, alveolar sacs and alveoli. 5. Describe the different types of cells found in alveoli	01	LGIS
PHYSIOLOGY				
5	Functions of respiratory passageways	1. Describe the respiratory and non-respiratory functions of the respiratory passageways 2. Identify the mechanism by which particles are cleared from the airways.	01	LGIS
PHARMACOLOGY				
6	Anti-Asthmatic drugs	1. Enlist Anti-asthmatic drugs	01	LGIS
7	Anti-Tuberculous drugs	1. Classify Anti-tuberculous drugs	01	LGIS
PATHOLOGY				
8	Pneumonias	1. Define pneumonia and enlist the causative pathogens of pneumonia	01	LGIS
9	Pulmonary Tuberculosis	1. Define primary and secondary Tuberculosis and state its etiology	01	LGIS
10	Bronchial Asthma	1. Describe the etiology, pathogenesis and clinical features of asthma	01	LGIS
11	Pulmonary	1. Define pulmonary edema.	01	LGIS

	Edema	2. Classify pulmonary edema according to underlying causes		
COMMUNITY MEDICINE				
12	Prevention of Respiratory disorders	1. Discuss preventive strategies of different problems related to respiratory system 2. Discuss the relationship of smoking with lung Diseases 3. Describe preventive strategies for smoking	01	LGIS
LAB WORK				
HISTOLOGY				
13	Microscopic structure of the Trachea and Bronchi	1. Identify the various microscopic tissue types in the Trachea	02	Demonstration / Practical
PHYSIOLOGY				
14	Peak expiratory flow determination	1. Determine the peak expiratory flow (PEF) by peak flow meter	02	Demonstration / Practical
DISSECTION				
ANATOMY				
15	Thorax, components of thoracic cavity and their relations	1. Describe the boundaries, components of thorax and their relations.	02	SGF Dissection
SMALL GROUP DISCUSSIONS				
PHYSIOLOGY				
16	Functions of respiratory passageways	1. Describe the respiratory functions of the respiratory passageways. 2. Describe the non-respiratory functions of the respiratory passageways. 3. Identify the mechanism by which particles are cleared from the airways.	02	SGD
BIOCHEMISTRY				
17	Role of enzymes as a diagnostic tool	1. Discuss the role of enzymes as a diagnostic tool.	02	SGD
ANATOMY				
18	Components of Respiratory System	1. Describe the major components of the upper and lower respiratory system and describe their functions	02	SGD
DIRECTED SELF LEARNING				

	ANATOMY			
19	Lungs	1. Describe the lungs with their lobes and fissures, relations with surroundings and surfaces and compare between right and left lungs. 2. Describe innervations, blood supply and lymphatic drainage of the lungs.	01	DSL
	PHYSIOLOGY			
20	Functions of respiratory passageways	1. Describe the respiratory and non-respiratory functions of the respiratory passageways 2. Identify the mechanism by which particles are cleared from the airways.	01	DSL

THEME-III BREATHLESSNESS

In this theme of the Respiratory Module-I, the anatomical features of pleura and pleural cavity will be discussed. Mechanics of respiration and development of pleural cavity will be described. Histology of the respiratory tract will be discussed.

The physiological aspects of the module will include pulmonary ventilation, pulmonary circulation, gaseous exchange, and transport of oxygen & carbon dioxide in the blood. Regulation of respiration and common respiratory abnormalities will also be discussed.

The chemistry of enzymes will be discussed in detail in biochemistry. Forensic medicine department will explain asphyxia and the department of general medicine will give an account of respiratory symptomatology and discuss Acute Respiratory Distress Syndrome. Interpretation of the Pulmonary function tests is also part of this theme.

The contents of this theme will be taught in lectures, Practicals, SGDs, DSLs and SDL.

S.No.	Subject	Learning Outcomes/Objectives	Hours	MIT
	ANATOMY			
1	Mechanics of respiration	1. Describe briefly mechanics of respiration	01	LGIS
2	Pleura	1. Describe the gross features of pleura 2. Describe the pleural cavity and the pleural reflections 3. Describe the surface anatomy related to pleural reflections	01	LGIS
	EMBRYOLOGY			
3	Development of	1. Describe the development of	01	LGIS

	Pleural Cavity	pleural cavity		
	HISTOLOGY			
4	Histology of respiratory tract	1. Discuss surfactant, alveolar septum, alveolar pores and alveolar macrophages	01	LGIS
	PHYSIOLOGY			
5	Pulmonary ventilation I	1 Define respiration 2 Compare between the internal and external respiration 3 Enlist the steps of external respiration accomplished by the respiratory system and those carried out by the circulatory system 4 State the functions of Type I alveolar cells, Type II alveolar cells, and alveolar macrophages 5 Describe the forces that keep the alveoli open and those that promote alveolar collapse. 6 Define the following terms: anatomic dead space, physiologic dead space, wasted (dead space) ventilation, total minute ventilation and alveolar minute ventilation. 7 Compare anatomic and physiologic dead space 8 Describe the basic concept of measurement of dead space 9 Enlist the factors that changes the dead space	01	LGIS
	Pulmonary ventilation II	1 Define the following terms: hypoventilation, hyperventilation, hypercapnea, eupnea, hypopnea, and hyperpnea. 2 Define surface tension, surfactants, atelectasis 3 Describe the role of surfactants on the lung compliance. 4 Describe the composition of the pulmonary surfactants and its role 5 Describe the pathophysiology of respiratory distress syndrome of the newborn Discuss the work of breathing	01	LGIS

6	Pulmonary Circulation	1. Explain the physiologic anatomy of the pulmonary circulatory system 2. Describe the pressures in the pulmonary circulatory system 3. Describe blood volume of the lungs 4. Describe blood flow through the lungs and its distribution 5. Compare the systemic and pulmonary circulations with respect to pressures, resistance to blood flow, and response to hypoxia. 6. Describe the regional differences in pulmonary blood flow in an erect position. 7. Describe the consequence of hypoxic pulmonary vasoconstriction on the distribution of pulmonary blood flow. 8. Describe the pulmonary capillary dynamics 9. Describe the development of pulmonary edema	01	LGIS
7	Gas Exchange	1. List the normal airway, alveolar, arterial, and mixed venous PO2 and PCO2 values. 2. List the normal arterial and mixed venous values for O2 saturation, [HCO3-] 3. List the factors that affect diffusive transport of a gas between alveolar gas and pulmonary capillary blood. 4. Describe respiratory unit 5. Describe the physiologic anatomy of the respiratory membrane and its significance 6. Describe the factors that affect the rate of gaseous diffusion through the respiratory membrane 7. Describe the diffusing capacity of respiratory membrane for O2 and CO2 at rest and exercise. 8. Describe the effect of ventilation/perfusion (V/Q)	01	LGIS

		ratio on alveolar gas concentrations. 9. Identify the average V/Q ratio in a normal lung. 10. Explain the concept of physiologic shunt and physiologic dead space 11. Describe the abnormalities of ventilation perfusion ratio in normal lung and chronic obstructive lung disease. 12. Enlist common causes of hypoxemia		
8	Transport of O2 and CO2 in the blood I	1. Define oxygen partial pressure (tension), oxygen content, and percent hemoglobin saturation as they pertain to blood. 2. Describe Oxyhemoglobin dissociation curve (hemoglobin oxygen equilibrium curve) showing the relationships between oxygen partial pressure, hemoglobin saturation, and blood oxygen content. 3. Describe the relative amounts of O2 carried bound to hemoglobin with that carried in the dissolved form. 4. State Henry's Law (the relationship between PO2 and dissolved plasma O2 content) 5. Describe how the shape of the oxyhemoglobin dissociation curve influences the uptake and delivery of oxygen.	01	LGIS
	Transport of O2 and CO2 in the blood II	1. Define P50. 2. Describe how the oxyhemoglobin dissociation curve is affected by changes in blood temperature, pH, PCO2, and 2,3-DPG. 3. Describe how anemia and carbon monoxide poisoning affect the shape of the oxyhemoglobin dissociation curve, PaO2, and SaO2. 4. List the forms in which carbon dioxide is carried in the blood. 5. Describe the percentage of total	01	LGIS

		CO_2 transported as each form. 6. Describe the chloride shift and its importance in the transport of CO_2 by the blood. 7. Describe the enzyme that is essential to normal carbon dioxide transport by the blood and its location. 8. Describe the carbon dioxide dissociation curves for oxy- and deoxyhemoglobin. Describe the interplay between CO_2 and O_2 binding on hemoglobin that causes the Haldane effect.		
9	Regulation of Respiration	1 Describe the regions in the central nervous system that play important roles in the generation and control of cyclic breathing. 2 Give three examples of reflexes involving pulmonary receptors that influence breathing frequency and tidal volume. 3 Describe the receptors and neural pathways involved. 4 List the anatomical locations of chemoreceptors sensitive to changes in arterial PO_2, PCO_2, and pH that participate in the control of ventilation. 5 Identify the relative importance of each in sensing alterations in blood gases. 6 Describe how changes in arterial PO_2 and PCO_2 alter alveolar ventilation, including the synergistic effects when PO_2 and PCO_2 both change. 7 Describe the significance of the feedforward control of ventilation (central command) during exercise, and the effects of exercise on arterial and mixed venous PCO_2, PO_2, and pH. 8 Describe voluntary control of respiration 9 Describe the effect of irritant receptors, J-receptors, brain	01	LGIS

		edema and anesthesia on breathing.		
	MEDICINE			
10	Common Respiratory Abnormalities	1. Describe periodic breathing and basic mechanism of Cheyne-Stokes breathing 2. Define sleep apnea 3. Describe the pathophysiology of Obstructive sleep apnea and central sleep apnea. 4. Describe the pathophysiology of specific pulmonary abnormalities: 5. Describe hypoxia and cyanosis 6. Describe the effect of aging on lung volumes, lung and chest wall compliance, blood gases, and respiratory control.	01	LGIS
	BIOCHEMISTRY			
11	Enzymes	1. Define Enzymes 2. Explain the Principals for Nomenclature of enzymes 3. Classify Enzymes on the basis of functions	01	LGIS
12	Structure of Enzymes	1. Explain the general structure of enzymes 2. Define different parts and forms of enzymes 3. Describe the factors involved in structure of enzymes 4. Enlist the factors affecting the activity of enzymes	01	LGIS
13	Co-Factors	1. Define co-factors 2. Explain the function of co-factors 3. Enlist different types of co-factors	01	LGIS
14	Catalysis	1. Define catalysis 2. Explain different mechanism of catalysis	01	LGIS
15	Enzyme Activity	1. Define activation energy 2. Define Gibbs Free energy 3. Describe the mechanism of	01	LGIS

		Enzyme activity 4. Describe roles of factors affecting enzyme activity		
16	Isozymes	1. Define Isoenzymes (Isozymes) 2. Explain Factors affecting the properties Explain the role of enzymes as a diagnostic tool	01	LGIS
17	Transport of O2 and CO2 in the blood		01	LGIS
	FORENSIC MEDICINE			
18	Asphyxia	1. Define Asphyxia 2. Describe different types of Asphyxia 3. Identify classical signs of asphyxia	01	LGIS
	MEDICINE			
19	Introduction to Respiratory symptomatology	1. Enumerate the various symptoms of respiratory disorders	01	LGIS
20	PFT`s	1. Interpret the Pulmonary Function Tests	01	LGIS
21	ARDS	1. Discuss acute lung injury and its correlation Acute Respiratory Distress Syndrome 2. Describe the causes of Acute Respiratory Distress Syndrome 3. Discuss the morphology of Acute Respiratory Distress Syndrome	01	LGIS
	LAB WORK			
	ANATOMY			
22	Microscopic structure of the Bronchioles and Alveoli	1. Microscopic structure of Bronchioles and Alveoli	02	Demonstration / Practical
	PHYSIOLOGY			
23	Chest Examination	1. Examine the chest of the subject 2. Calculate the respiratory rate of the subject	02	Demonstration / Practical / Skill lab
24	Use of Inhaler	1. Describe the use of inhaler 2. Demonstrate the use of inhaler to the subject	02	Demonstration / Practical / Skill lab
	SMALL GROUP DISCUSSIONS			
	ANATOMY			
25	Mechanics of respiration	1 Describe briefly mechanics of respiration	02	SGD

PHYSIOLOGY				
26	Regulation of Respiration	1. Describe the regions in the central nervous system that play important roles in the generation and control of cyclic breathing. 2. Give three examples of reflexes involving pulmonary receptors that influence breathing frequency and tidal volume. 3. Describe the receptors and neural pathways involved.	02	SGD
BIOCHMISTRY				
27	Factors affecting enzyme activity	Enlist the factors affecting the activity of enzymes Describe roles of factors affecting enzyme activity	02	SGD
	ABGs		Demonstration / Practical	OSPE
DIRECTED SELF LEARNING				
ANATOMY				
28	Histology of respiratory system	1. Identify the various microscopic tissue types in the Respiratory system including epithelium of the respiratory system, trachea, bronchi, bronchioles and alveoli	01	DSL
PHYSIOLOGY				
29	Composition of pulmonary surfactants and its role	1. Define surface tension, surfactants, atelectasis 2. Describe the role of surfactants on the lung compliance. 3. Describe the composition of the pulmonary surfactants and its role 4. Describe the pathophysiology of respiratory distress syndrome of the newborn	01	DSL
BIOCHEMISTRY				
30	Isozymes	1. Define Isozymes 2. Explain Factors affecting the properties of isozymes 3. Explain the role of enzymes as a diagnostic tool.	01	DSL

MIT:mode of information transfer. E.g. lecture, SGD, DSL, Practical, skill lab etc etc

10 Learning Opportunities and Resources

a. Instruction (if any)

Apart from these resource learning ,students can consult books available in library or recommended by the specialty experts.
Books:

Anatomy

- Clinical Anatomy by Regions by Richard S. Snell (Latest Edition)
- Gray's Anatomy for Students (Latest Edition)
- K.L. Moore, Clinically Oriented Anatomy (Latest Edition)
- Netter`s "Atlas of Human Anatomy (Latest Edition)
- Last`s Anatomy (Latest Edition)

Histology

- Textbook of Histology by Junqueira (Latest Edition)
- diFiore's ATLAS of Histology with Functional Correlations (Latest Edition)
- Atlas of Human Histology by Wheaters. (Latest Edition)
- Textbook of Histology by Laiq Hussain (Latest Edition)

Embryology

- Langman's Medical Embryology (Latest Edition)
- The Developing Human "by Keith L Moore" (Latest Edition)
-

Physiology

- **Textbook of Medical Physiology by Guyton and Hall (Latest Edition)**
- **Ganong`s "Review of Medical Physiology" (Latest Edition)**

Biochemistry

- **Harper's Illustrated Biochemistry (Latest Edition)**
- Lippincott's **Illustrated Review: Biochemistry (Latest Edition)**

Pharmacology

- **Katzung`s Basic and Clinical Pharmacology (Latest Edition)**

Pathology

- **Robbin's Basic Pathology (Latest Edition)**

Community Medicine

- **Essential** Community Medicine (Latest Edition)
- K Park Textboo**k of Preventive and Social Medicine (Latest Edition)**

Forensic Medicine

- Parikh's Textbook of Medical Jurisprudence, Forensic Medicine & Toxicology (Latest Edition)

General Medicine

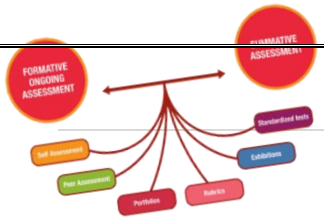
- Davidson`s Principles and Practice of Medicine (Latest Edition)

Website:

- Anatomy:
  - http://files.readmedbooks.com/anatomy/netter-atlas-7.pdf

- file:///C:/Users/dell/Desktop/Gray's%20AnatomyThe%20Anatomical%20Basis%20of%20Clinical%20Practice%2041st%20Edition%20- %202015%20[MSCambo].pdf
- https://worldofmedicalsaviours.com/cunninghams-manual-of-practical-anatomy/
- https://ia802606.us.archive.org/16/items/pdfy-dPFUmAhPcw_n7EV/snell%20clinical%20anatomy%20by%20regions%209th%20ed%202012_2.pdf P a g e | 26
- http://med-mu.com/wp-content/uploads/2018/06/Snell-Neuroanatomy-7th-Edition.pdf 6.
- http://files.readmedbooks.com/anatomy/lasts-anatomy.pdf

- Embryology
  - https://bhumikapalrocks.files.wordpress.com/2016/02/langmans-medical-embryology-12th-ed.pdf
  - https://mymedicallibrary.files.wordpress.com/2016/08/the-developing-human-edition-8th.pdf
- Histology
  - file:///C:/Users/dell/Desktop/(Lib-Ebooks.com)150320212213%20(4).pdf
  - file:///C:/Users/dell/Desktop/pdfcoffee.com_2002-basic-histology-by-luis-carlos-junqueira-textamp-atlas-10th-edition-mcgraw-hill-appleton-amp-lange-pdf-free.pdf
- Physiology:
  - https://med-mu.com/wp-content/uploads/2018/06/Guyton-and-Hall-Textbook-of-MedicalPhysiology-12th-Ed-PDFtahir99-VRG.pdf
  - https://medicostimes.com/guyton-medical-physiology-pdf/
  - https://ia903208.us.archive.org/23/items/GanongsReviewOfMedicalPhysiology25thEdition/Ganon gs%20Review%20of%20Medical%20Physiology_%2025th%20Edition.pdf
  - https://worldofmedicalsaviours.com/medical-books/mbbs/physiology/sherwood-humanphysiology.pdf
- Biochemistry:
  - file:///C:/Users/dell/Desktop/harpers-illustrated-biochemistry-28th-edition.pdf
  - http://repository.stikesrspadgs.ac.id/69/1/Principles%20of%20Medical%20Biochemistry%20Meise nberg%20Simmons-635hlm.pdf
  - https://worldofmedicalsaviours.com/medical-books/mbbs/biochemistry/lippincotts-Illustratedreviews-series.pdf
- Pharmacology:
- https://pharmacomedicale.org/images/cnpm/CNPM_2016/katzung-pharmacology.pdf
- Community Medicine:
- https://drive.google.com/file/d/1kG_04GUfxSOxsdRaucxJ-jykVgc-BZT0/view
- https://barlybeltatimen.wixsite.com/charratttisri/post/ilyas-ansari-community-medicine-bookfree-46
- https://psebooks.club/-/readerroman/#/flow=gHqRV5+cdn.bkfd4.club/q=Basic%20Statistics%20for%20the%20Health%20Sciences /
- Forensic medicine:
- https://www.ojp.gov/ncjrs/virtual-library/abstracts/parikhs-text-book-medical-jurisprudence-andtoxicology-classrooms P a g e | 27
- Medicine:
- 1.https://drive.google.com/file/d/0B8VbbFBwhaS8a2ZlaXllMGNwMmc/view?resourcekey=0- cJj3WGul40Avx4G5U1gX2A



11 Examination and Methods of Assessment:

a. Instruction:

- Students must arrive the examination venue at least 15 minutes before the scheduled start time.Latecomers 15 minutes after the start of exam, will not be allowed to enter the examination hall after the start time, and if permitted, they will not receive extra time.
- Students without College ID Card and white Lab Coat will not be allowed to sit in exam.
- In case of an emergency such as a medical emergency, students should inform the examination supervisor.
- Students are required to submit prohibited items such ass mobile phones, smartwatches, electronic devices, books, notes, or any unauthorized materials before entering the examination hall.
- Students must maintain complete silence within the examination hall. They should refrain from communicating with fellow students and strictly follow invigilator instructions.
- Students must mark their attendance properly.
- No student will be allowed to leave the examination hall before half the time is over and paper should be properly handed to the examiner.
- Violation of these guidelines may lead to disqualification from the examination.

b. The Disteibution of Internal Assessment Score (10% Marks):

The distribution of Internal Assessment Score for 1st Year MBBS will be as follows:

- Total Marks for 1st Year MBBS= 700 & Internal Assessment Marks=70 (10%)
- 50 % of the Internal Assessment Marks may be given to Block Exams
- 50 % of the Internal Assessment marks may be given to Class Test/ End of Module Exam, Assignments and Presentations.
- Biochemistry department is responsible to maintain the attendance record for BLOCK –A in coordination with all the concerned departments.
- Anatomy department is responsible to maintain the attendance record for BLOCK –B in coordination with all the concerned departments.
- Physiology department is responsible to maintain the attendance record for BLOCK –C in coordination with all the concerned departments.

A. Distribution of 20 Marks for Block Papers for First Year MBBS will be as under:

Attendance Requirement:

More than 75% attendance is mandatory to sit for the examinations.

Methods of assessment:

Block Assessment
Block Assessment consists of
• Theory Paper(MCQs, SAQs) and
• Skill assessment (OSPE).
1. Non-Interactive/ Non-Observed Station:
2. Interactive/Observed Station

Total marks distribution for papers C of year-1 (MBBS) Year 1 Professional Exam in System-based Curriculum

Theory paper	Modules	Theory marks	Internal assessment theory (10%)	OSPE/OSCE	Internal assessment OSPE/OSCE (10%)	TOTAL MARKS
Paper C	CVS	120	13	90	10	233

UNIVERSITY EXAM:
Exam has 90% (210) marks in total

Blue Print for Block-C Assessment

Block C (Paper C) Theory Paper			
Subject	**CVS Module-I**	**Respiratory Module-I**	**Total MCQs**
Gross Anatomy	9	12	21
Histology	4	4	8
Embryology	5	3	8
Physiology	34	20	54
Biochemistry	14	8	22
Pharmacology	1	0	1
Pathology	1	1	2
Community Medicine	1	1	2
Forensic Medicine	1	1	2
Total	**70**	**50**	**120**

INTERNAL EXAM:
Internal evaluation is a process of quality review undertaken within an institution for its own ends. It has 10% (23 marks) of total exam.

Distribution of 13 Marks for block C paper (internal Assesment)

THEORY PAPER	INTERNAL ASSESSMENT THEORY(10%)	INTERNAL ASSESSMAENT OSCE/OSPE(10%)
Paper c	Anatomy (06)	Anatomy 03
	Physiology (05)	Physiology 06
	Biochemistry (2)	Biochemistry 01
	Total 13	Total 10

Block C (Paper C) OSPE		
Specialty	**Practical**	**No. of Stations**
CVS Anatomy	Surface Anatomy Internal features of the heart on models CVS Models Cardiac muscle under the microscope Medium sized artery under the microscope Histological features of veins	5
CVS Physiology	Recording of 12 lead ECG Interpretation of ECG Examination of arterial and venous pulses Recording of blood pressure Examination of the apex beat and heart sounds Demonstrate the effect of posture and exercise on Blood Pressure Basic Life Support	5
CVS Biochemistry	Detection of lipids in a given sample Interpretation of cardiac enzymes	1
CVS Radiology	Identify normal cardiac shadow, borders and cardiomegaly on chest radiographs	1
Respiratory Anatomy	Lung Models Microscopic structure of trachea Microscopic structure of bronchi Microscopic structure of lungs	3
Respiratory Physiology	Spirometry Vitalography Vitalography (Interpretation) Stethography	3
Total		18

12 Tentative Timetables

SWAT MEDICAL COLLEGE, SWAT
Department of Medical Education
Time Table **1st Year MBBS**
Class Session 2024-25
Block-C: (Respiratory Module)

(Week-1)

THEME-1: Chest Wall Injury/ THEME-2: Cough & Hemoptysis

Days	8:00 to 10:00 am		10:00 to 11:00 am	11:00am to 12:00 pm	12:00 to 1:00 pm		1:30 to 2:30 pm
Monday 12/08/024	**PRACTICALS / SGD** Batch A: Phy **Dr. Hamza Rashid** Batch B: Anat **Dr. Saad Hussain** Batch C: SDL(SLRC/Library)		**Physio-L1** Mechanics of Respiration **Dr. Uzair**	**G. Med-L1 (Revised)** Heart Failure **Prof. Dr. Aziz Ahmad**	**G. Anat-L1** Anatomy of the thoracic wall **Prof Dr. Liaqat Ali**	PRAYERS BREAK	**G. Anat-L2** Respiratory Tract-I **Dr. Nauman Khan**
Tuesday 13/08/024	**PRACTICALS / SGD** Batch A: Anat **Dr. Saad Hussain** Batch B: SDL(SLRC/Library) Batch C: Phy **Dr. Hamza Rashid**		**G. Anat-L3** Respiratory Tract-II **Dr. Nauman Khan**	**Bio-L1** Enzymes (Definition, Nomenclature, Classification) **Dr. Obaid Ur Rahman**	**G. Anat-L4** Mediastinum-I **Dr. Sanya Hadi**		**Bio-DSL** Transport of Oxygen & Carbon dioxide **Dr. Salman Ibrahim**
Wednesday 14/08/024	**PRACTICALS / SGD** Batch A: SDL(SLRC/Library) Batch B: Phy **Dr. Hamza Rashid** Batch C: Anat **Dr. Saad Hussain**		**Physio-L2** Lung Compliance **Dr. Rahman Ullah**	**G. Anat-L5** Mediastinum-II **Dr. Sanya Hadi**	**Physio-L3** Lung Volumes and Capacities **Dr. Asma Hadi**		**PRIME-L1** PIF **Miss. Afroz Ahmad**
Thursday 15/08/024	**SDL** (SLRC/Library)	**G. Anat-L6** Pleura & Diaphragm **Dr. Salman Yunas**	**Surgery-L1** Pneumothorax Hydro pneumothorax **Prof Dr. Manzoor Ali**	**PRIME-L2** Medical Ethics **Dr. Ubaidullah**	**Bio-L2** Structure of Enzyme **Prof. Dr. Gulshan Abbas**		**SDL** (SLRC/Library)
Friday 16/08/024	**Islamiyat-L14** Responsibilities of a Doctor **Mr. Qazi Obaid Ullah**	**Bio-L3** Factors affecting enzyme activity **Prof. Dr. Gulshan Abbas**	**Histo-L1** Histology of trachea **Prof Dr. Muhammad Khan**	**PRIME-L3** PDP **Miss. Afroz Ahmad**	**Patho-L1** Pneumonia Pulmonary Tuberculosis **Prof Dr. Shah Jehan**		**Phy-DSL** Mechanics of Respiration **Dr. Rahman Ullah**

SWAT MEDICAL COLLEGE, SWAT

Department of Medical Education

Time Table **1st Year MBBS**

Class Session 2024-25

Block-C: (Respiratory Module)

Week 2

THEME-2: Cough & Hemoptysis/ THEME-3: Breathlessness

Days	8:00 to 10:00 am		10:00 to 11:00 am	11:00am to 12:00 pm	12:00 to 1:00 pm		1:30 to 2:30 pm
Monday 19/08/024	**PRACTICALS/SGDs:** Batch A: Phy **P Dr. Asma Hadi** Batch B: Anat **SGD Dr. Saad Hussain** Batch C: Bio **SGD Dr. Obaid Ur Rahman**		**Bio-L4** Characteristics and Mechanism of enzyme catalyzed reactions **Dr. Sara Maryam**	**Emb-L1** Development of Respiratory System-I **Dr. Humaira Ali**	**Emb-L2** Development of Respiratory System-II **Dr. Humaira Ali**	**PRAYERS BREAK**	**PRIME-L5** Use of social media **Dr. Ubaid Ullah**
Tuesday 20/08/024	**PRACTICALS/SGD:** Batch A: Bio **SGD Dr. Obaid Ur Rahman** Batch B: Phy **Dr. Asma Hadi** Batch C: Anat **SGD Dr. Saad Hussain**		**Emb-L3** Development of Respiratory System-III **Dr. Humaira Ali**	**Bio-L5** Enzyme Kinetics **Dr. Sara Maryam**	**Physio-L4** Pulmonary Ventilation-I **Dr. Amanullah**		**Phy-DSL** Functions of respiratory passageways **Dr. Asma Hadi**
Wednesday 21/08/024	**PRACTICALS/SGD:** Batch A: Anat **SGD Dr. Saad Hussain** Batch B: Bio **SGD Dr. Obaid Ur Rahman** Batch C: Phy **Dr. Asma Hadi**		**Histo-L2** Histology of Lungs-I **Prof Dr. Muhammad Khan**	**11:00am to 1:00 pm** **Skill Lab:** Batch A: Phy **Dr. Uzair** Batch B: Anat **Dr. Nauman Khan** Batch C: Bio **Dr. Muhammad Saad**			**Feedback** QEC
Thursday 22/08/024	**8:00 to 9:00 am** **Pharma-L1** Classification of Anti-Asthmatic Drugs & Anti-tuberculous Drugs **Dr. Jibran Khan**	**9:00 to 10:00 am** **Patho-L2** Bronchial Asthma Pulmonary Edema **Dr. Ayaz Hussain**	**Histo-L3** Histology of Lungs-II **Prof Dr. Muhammad Khan**	**Skill Lab:** Batch A: Bio **Dr. Muhammad Saad** Batch B: Phy **Dr. Uzair** Batch C: Anat **Dr. Nauman Khan**			**C. Med-L1** Prevention of respiratory disorders **Dr. Rafiullah**
Friday 23/08/024	**SDL** (SLRC/Library)	**Physio-L5** Pulmonary Ventilation-II **Dr. Alam Zeb**	**PRIME-L4** Leadership & Team Management **Miss. Afroz Ahmad**	**Skill Lab:** Batch A: Anat **Dr. Nauman Khan** Batch B: Bio **Dr. Muhammad Saad** Batch C: Phy **Dr. Uzair**			**Islamiyat-L15** Doctor and Society **Mr. Qazi Obaid Ullah**

SWAT MEDICAL COLLEGE, SWAT

Department of Medical Education

Time Table **1st Year MBBS**

Class Session 2024-25

Block-C: (Respiratory Module)

THEME 3: Breathlessness

Days	8:00 to 09:00 am	09:00 to 10:00 am	10:00 to 11:00 am	11:00am to 12:00 pm	12:00 to 1:00 pm		1:30 to 2:30 pm
Monday 26/08/024	**PRACTICALS:** Batch A: Phy **Dr. Asma Hadi** Batch B: Anat **Dr. Maleeha Ahmad** Batch C: **SDL** (SLRC/Library)		**Physio-L6** Transport of oxygen in the blood **Prof Dr. Rashid Ahmad**	**PRIME-L6** Cultural Sensitivity **Miss. Afroz Ahmad**	**Physio-L7** Pulmonary Circulation **Dr. Alam Zeb**	**PRAYERS BREAK.**	**Bio-L6** Enzyme Kinetics **Dr. Sara Maryam**
Tuesday 27/08/024	**PRACTICALS:** Batch A: **SDL** (SLRC/Library) Batch B: Phy **Dr. Asma Hadi** Batch C: Anat **Dr. Maleeha Ahmad**		**G. Med-L1** Respiratory symptoms / PFTs & Common Respiratory Abnormalities **Dr. Fozan Khan**	**Physio-L8** Nervous Regulation of Respiration **Prof Dr. Taj Muhammad Khan**	**F. Med-L1** Asphyxia **Dr. Shahkar Ali Khan**		**Physio-L9** Chemical Regulation of Respiration **Dr. Amanullah**
Wednesday 28/08/024	**PRACTICALS:** Batch A: Anat **Dr. Maleeha Ahmad** Batch B: **SDL** (SLRC/Library) Batch C: Phy **Dr. Asma Hadi**		**Research-L9** Title, Rational purpose Operational Definitions **Prof Dr. Aziz Ahmad**	**Skill Lab:** Batch A: Phy **Dr. Uzair** Batch B: Anat **Dr. Nauman Khan** Batch C: Bio **Dr. Muhammad Saad**			**Physio-L10** Gas Exchange **Dr. Fiza Iqbal**
Thursday 29/08/024	**Skill Lab:** Batch A: Bio **Dr. Muhammad Saad** Batch B: Phy **Dr. Uzair** Batch C: Anat **Dr. Nauman Khan**		**PRIME-L7** Social Accountability **Dr. Ubaid Ullah**	**Skill Lab:** Batch A: Anat **Dr. Nauman Khan** Batch B: Bio **Dr. Muhammad Saad** Batch C: Phy **Dr. Uzair**			**SDL** (SLRC/Library)
Friday 30/08/024	Introduction to BLS Workshop **Dr. Imran Akhtar Iqbal**	**Batch A BLS workshop (1-25) Batch B Anatomy (26-50) Batch C Physiology (51-75) Batch D Bio Chemistry (76-101)**	**Batch B BLS workshop (26-50) Batch A Anatomy (1-25) Batch D Physiology (76-101) Batch C Bio Chemistry (51-75)**	**Batch C BLS workshop (51-75) Batch D Anatomy (76-101) Batch A Physiology (1-25) Batch B Bio Chemistry (26-50)**	**Batch D BLS workshop (76-101) Batch C Anatomy (51-75) Batch B Physiology (26-50) Batch A Bio Chemistry (1-25)**		**SDL** (SLRC/Library)

13 For inquiry and troubleshooting

Please contact
Dr. Fiza Iqbal
Lecturer Physiology, Swat Medical College

Contact# 03409091120
Email: fiza.iqbal1430@gmail.com

14 Module Evaluation Form

MBBS Year: _____ Block: _____ Module: _____

Date: _____

1. (Unsatisfactory) 2 (Fair) 3 (Satisfactory) 4 (Good) 5 (Excellent)

Category: Course Contents

No.	Question	1	2	3	4	5
1	To what extent did the course contents align with the stated learning objectives of the module?					
2	How clear and comprehensive were the course materials provided in this module?					
3	Were the core topics adequately covered, ensuring a well-rounded understanding of the subject?					
4	How current and up-to-date were the course contents in reflecting recent advancements?					
5	Did the module incorporate real-world applications and case studies effectively?					
	Category: Learning Resources					
6	Were the learning resources (e.g., textbooks, online materials, laboratory facilities) readily available and easily accessible?					
7	How helpful were additional learning resources such as supplementary readings or multimedia content?					
8	Did the module offer adequate support for research and independent study?					
9	Were digital resources and online platforms effectively utilized to enhance the learning experience?					
10	Were there sufficient opportunities for hands-on practice and practical application of knowledge?					
	Category: Teaching Methods					
11	How well did instructors engage with students and create a supportive learning environment?					
12	Were diverse teaching methods (e.g., lectures, group discussions, simulations) effectively employed?					
13	How responsive were instructors to questions, concerns, and feedback from students?					
14	To what extent did instructors provide timely and constructive feedback on assignments and assessments?					
15	Were opportunities for collaborative learning and peer-to-peer interactions encouraged and facilitated?					
No.	**Category: Engagement and Motivation**					
16	To what extent did the module use real-world examples and practical applications to engage students?					
17	How well were active learning techniques (e.g., problem-solving, case studies) integrated into the curriculum?					
18	Did the module provide opportunities for students to pursue their individual interests within the subject					

	matter?					
19	Were assessments designed to challenge and motivate students to excel in their studies?					
Category: Inclusivity and Diversity						
20	How well did the module accommodate different learning styles and preferences among students?					
21	Were efforts made to include diverse perspectives, cultures, and backgrounds in the curriculum?					
22	How effectively were accommodations provided for students with varying levels of prior knowledge?					
	Category: Overall					
No.	**Question**	**1 (Very Poor)**	**2 (Poor)**	**3 (Fair)**	**4 (Good)**	**5 (Excellent)**
23	How would you rate the overall quality of this module?					

15 Students Diary/Notes

S.NO	DATE	TASK	PENDING/COMPLETED	COMMENTS

PROGRESS:_____ ACHIEVMENT: _____